



# VOLUNTEER

*Together, we can help change lives.*

At Seattle's Union Gospel Mission, volunteers offer hope and healing as they care for our homeless neighbors — serving meals, delivering essentials, sorting donated items to meet real needs, and building meaningful connections. For someone facing homelessness, these simple acts can open the door to lasting change through God's love.

**No experience needed. We provide all the training you need to get started!**



Sign up now at [ugm.org/volunteer](https://ugm.org/volunteer)

# WAYS TO SERVE

There are many opportunities to get involved  
— whether on your own, with your family,  
or as part of a group:

- **Search + Rescue:** Deliver lifesaving essentials to our homeless neighbors.
- **Meals + Connections:** Serve a meal and spend time with guests.
- **Bring-A-Meal:** Plan, provide, and serve a lunch or dinner with your group.
- **Distribution Center:** Sort donated items that meet real needs.
- **Invest Deeply:** Explore high-impact roles through mentorship and teaching.

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**To learn more, get in touch with us.**

Visit **[volunteer@ugm.org](mailto:volunteer@ugm.org)** or  
call **(206) 723-0767**.



**Do you know someone who needs help?**

Get in touch with us at  
**(206) 501-4357** or **[getHELP@ugm.org](mailto:getHELP@ugm.org)**