

PB&J SANDWICHES FOR SEARCH + RESCUE



Event supplies

Based on an estimate of .8 oz of jelly and 1.3 oz of peanut butter per PB&J, a team could assemble 400 sandwiches using 800 slices of bread, 320 oz of jelly and 533 oz of peanut butter.

You can make 400 sandwiches with 20 people in about 1 hour. Please keep this in mind as you plan your shopping list and budget.

Sample Costco shopping list to assemble 400 sandwiches:

- 16 packages (double loaves) of bread
- 8 jars of jelly (48 oz each)
- 6 double packages of CREAMY peanut butter (96 oz/2 pk)
Crunchy is harder for some people to eat

In addition to food, the following non-food supplies are required:

- 400 sandwich bags - can be either zip-lock or fold over variety
- Plastic gloves to wear while making sandwiches
- Clorox wipes - to clean surfaces ahead of time
- Plastic spoons & knives for scooping and spreading jam & jelly
- Spatulas to get jam and peanut butter out of jars
- Plastic wrap to cover work area surface - aids in cleanliness and clean-up
- Tape - to help hold down plastic wrap
- Cardboard boxes to transport completed sandwiches - 6-8 Costco fruit crates work great!

Budget

For an event, the estimated cost of food supplies is approximately \$200-225 dollars per 400 sandwiches (\$6 per double loaf of bread, \$8 per jam jar, \$12 per double peanut butter jar). Prices will be slightly lower when purchased in bulk. Non-food supplies could run another \$50, everything left over can be used for more than one event.

Assembling the sandwiches

1. Spread peanut butter on **two slices** of bread
2. Spread jelly on **one of the two slices** with peanut butter on it.
This will help keep the jelly from "leaking" through the bread and making it soggy
3. Put the **two slices together** to form a sandwich



Packing up the sandwiches

Please place all the sandwiches in rows on their ends - not flat, so they do not get smashed. Optimal boxes are about the size of fruit crates or around the size of a small packing box (roughly 2 feet x 2 feet). Smaller boxes are easier to handle than larger ones.

Delivering the sandwiches

Please be sure to always coordinate your delivery day and time with the BAM Coordinator before dropping off sandwiches, as she'll need to coordinate first with staff. There are two locations for drop-offs:

1) Administration Building

3800 S. Othello St, Seattle 98118

Monday - Friday from 9am - 4:30pm

Pull into the Hope Place and Administration Building gated parking lot that is behind the Safeway. If there is no gate attendant the code is 8777. The sandwiches will be dropped off at the north end of the parking lot.

- If you are delivering **before** 11am, please call Josh at (206) 471-8528.
- If you are delivering **after** 11am please call Phil at (206) 498-7505.

2) Kent Distribution Center

8226 S 208th St. Suite G10, Kent 98032

Monday - Friday from 9am to 3pm

Follow the donation sign on the Southeast side of the building and ring the bell for someone to take the sandwiches.

If you are unable to drop off the sandwiches within those time-frames, please contact the BAM Coordinator to make other arrangements.

Contact information



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