

What We Offer

RECOVERY PROGRAM

Our 12-month residential recovery program is designed to help women and their children who are experiencing cycles of abuse and addiction to break free from harmful behaviors and relationships through the gospel of Jesus Christ. The faith-based recovery program emphasizes practical and relational approaches to healing while empowering our women to live out a healthy and whole lifestyle.

SERVICES

While in program, residential recovery services are available at no-cost:

- Case Management
- Counseling
- Domestic Violence and Parenting Support Groups
- Drug & Alcohol Recovery Support
- Health and Fitness Coaching
- Learning Center

EXTENDED CARE PROGRAM

Our Extended Care Program is a short-term program for individuals who are newly recovering from a hospitalization and/or needing a safe place to stay while they move forward with medical treatment and find supportive housing. They are supported by Case Management in this process of physical and emotional healing.

INTAKE PROCESS

Call (206) 501-HELP or (206) 628-2008, Monday through Friday, to check availability.



Invest in Hope

VOLUNTEER

Consider donating your time to serve our homeless neighbors and invest in someone's hope and future. To learn more about current volunteer opportunities, please visit ugm.org/volunteer.

GIVE

When you give financially to the work of the Mission, you provide for both urgent physical needs as well as long-term help for people struggling with homelessness and addiction.

BRING-A-MEAL

Mobilize your church or organization to partner with the Mission and provide nutritious meals for men, women, and children! For more information, please visit ugm.org/bam.

CHURCHES

Your church can start a homeless ministry, host trainings or seminars on homelessness, get others to volunteer, join the Church Ambassador Program, and more. For more information, please visit ugm.org/church.

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Seattle, WA 98118
(206) 628-2008

Connect with us: @SeattlesUGM



ugm.org/recovery



Hope Place

RECOVERY PROGRAM

For women, and
women with children



Intake

Women come to Hope Place from a variety of places. Some hear about us in prison, jail, drug court, or the Federal Dream Program. Hope Place works closely with the judicial system and other providers to bring women into Hope Place and to serve them well.

Recovery Program

FOUNDATIONS

After arriving at Hope Place, individuals participate in a series of assessments to determine how our staff can best support them. Then they are invited to take steps towards fulfilling other formal recovery program requirements.

INTERNAL HEALING (PHASES 1-2)

The first two phases are designed to walk women through classes, curriculum, and experiences which allow them to accurately identify places of brokenness that are keeping them in bondage, and give them the resources and skills to move towards healing.

EXTERNAL COMMUNITY CONNECTIONS (PHASES 3-4)

These phases continue the recovery program journey and healing process. Women build healthy relationships in the community with attention given to job development, family unification, and service.

Children

Hope Place cares about our children. We offer counseling for youth up to 18 years old, an after school tutoring program, Bible study, and Day Camp in the summer.

Graduate Options

AFTERCARE

We are committed to mentoring individuals after they graduate from Hope Place. All graduates benefit from continued staff support, holiday baskets, and alumni events.

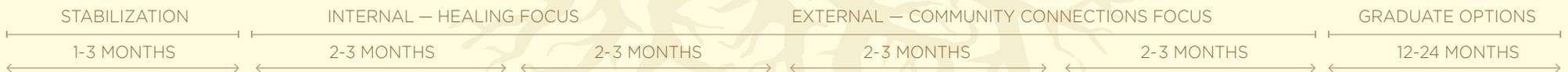
GRADUATE INTERNSHIP PROGRAM

Hope Place offers a yearlong internship upon graduating from the program. This internship is focused on leadership, discipleship, and service opportunities within and outside of the Mission, and to strengthen personal relationships with Christ.

LINK PROGRAM

Hope Place offers additional support for graduates through the 60-to-90-day Link Program. This program provides a shelter space for homeless women and families that are currently working, and may have barriers getting into permanent housing. We provide case management, housing navigation, financial and budgeting support, and opportunities for discipleship.

Women and Children's Ministries Recovery Program



FOUNDATIONS

- Work Therapy
- Daily Devotions
- 1x1 Case Management
- Chemical Dependency Assessment
- Mental Health Assessment
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- CD Support
- Patterns of Abuse
- Boundaries
- Candidacy Parenting
- Community Life Skills
- DBT
- Frameworks (Faith Study)
- Foundations Basics
- Health & Fitness Class

PHASE 1

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- Genesis
- ALPHA
- Career & Calling 1
- Pattern Changing 1
- Celebrate Recovery
- Health & Fitness Class
- Safe People

PHASE 2

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- Genesis
- ALPHA
- Safe People
- Relationship Addiction
- Celebrate Recovery
- Pattern Changing 2
- Career & Calling 2
- Health & Fitness Class

PHASE 3

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Internship
- Future Planning
- Job/School Applications

CORE Classes:

- Genesis
- Career & Calling 3
- Faith & Finances
- Celebrate Recovery
- Life Compass
- Faith Study
- Health & Fitness Class

PHASE 4

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Internship
- Secure Housing
- Aftercare Plan w/Case Manager
- Enroll in School/Tech Training
- Secure Employment/Income

CORE Classes:

- Faith & Finances
- Celebrate Recovery
- Real World Faith
- Health & Fitness Class

AFTERCARE PROGRAM OPTIONS

Single Women (West Seattle)
Women with Children (West Seattle)

- Job Search
- Schooling
- Vocational Training
- Counseling
- Housing Search

GRADUATE INTERNSHIP

- Discipleship
- Bible Studies
- Leadership Training
- Conferences and events

Additional classes available for all phases: Bible Studies, Parenting Support, DV Support, Alumni Support, Smoking Cessation, CD Support, and Community Life Skills, along with EDUCATION CENTER: GED Prep, CPU Skills, College/Career Prep, Resumes, etc. Other curriculum offered for all phases of the recovery program include: Mixed Fit, Art Class, and Journaling.