

BRIDGE

Recovery program for men



Have you been searching for a way out of your addiction, but have lost all hope?

Bridge is a 30-90 day benchmark-driven addiction recovery program designed to help men overcome substance abuse. Focused on loving Jesus, we empower men through worship and education. Our aim is simple: to learn how to love God, people, and ourselves once again.

We will help you gain the knowledge and spiritual insight to walk addiction free!

- Work therapy
- Bible studies
- Weekly 1 on 1 case management
- Daily community meetings
- Weekly classes
- Recovery meetings
- Church attendance
- Daily devotions





BRIDGE RECOVERY PROGRAM
318 2nd Ave. Ext. S, Seattle, WA 98104
ugm.org/mensrecovery

What should I expect?

Our men have the privilege of life-changing classes, counseling, legal advice, dental services, processing groups, and more! You will learn transformative life skills, Bible basics, and relapse prevention. In addition, each man will be given a case manager to walk with them.

Is employment a requirement to join?

Our focus is to experience healing. It took many hours and days to become addicted, so we want all of our men fully devoted to begin the healing to break through their addictions. Because of this expectation, men cannot both work and join the program.

What help do I get after the program?

We're committed to walking with you long-term. When you graduate, we'll continue to be a relational support as you transition back into society, or decide to continue healing through our one year Men's Recovery Program at Riverton Place. There, we have staff who will help you find employment and housing that supports your decision to walk a sober life.

Request an intake interview with us!

We're available Monday through Friday, 8am-3pm for intakes. Call ahead to reserve a time, or come in to the Men's Shelter and ask for an intake interview. You'll have the opportunity to ask any additional questions that you or your family may have. Upon successful completion of the intake, if there is a bed open, a case manager will confirm availability and invite you to join the Bridge program!

**To learn more, email intake@ugm.org or
call (206) 432-8459, ext. 197**