

What We Offer

OAKS RECOVERY PROGRAM

Our 12-month residential recovery program is designed to help women and their children who are experiencing cycles of abuse and addiction to break free from harmful behaviors and relationships through the gospel of Jesus Christ. The Oaks Recovery program emphasizes practical and relational approaches to healing while empowering our women to live out a healthy and whole lifestyle.

EXTENDED CARE PROGRAM

Our Extended Care Program is a short-term program for individuals who are newly recovering from a hospitalization and/or needing a safe place to stay while they move forward with medical treatment. They are supported by Case Management and staff in this process of physical and emotional healing.

SERVICES

While in program, these living accommodations are at no-cost and available:

- Case Management
- Counseling
- Domestic Violence and Parenting Support Groups
- Drug & Alcohol Recovery Support
- Health and Fitness Coaching
- Learning Center

INTAKE PROCESS

Call (206) 628-2008 Monday through Friday to check availability.



Invest in Hope

Volunteer

Come be part of helping women and children find hope. Volunteer on a regular or ongoing basis to serve a meal or walk alongside guests as a tutor or mentor. Check out [ugm.org/volunteer!](http://ugm.org/volunteer)

Donate

Hope Place is funded by your generosity! Call **(206) 723-0767** to donate money or goods. Visit ugm.org for more information.

Corporations & Restaurants

Organize groups of 8-25 volunteers from your restaurant to BAM (Bring a Meal) once a month—small groups and youth groups love this too! Learn more at ugm.org/BAM.

Churches

Commit to mentoring a guest, teaching a class, or opening up a transitional home for women at one of your sites. Connect with staff who will equip you with the necessary training to make a difference!

3802 S. Othello St.
Seattle, WA 98118
(206) 628-2008

Connect with us: @SeattlesUGM



ugm.org/recovery



Hope Place

OAKS RECOVERY PROGRAM

For women, and women
with children



Intake

Women come to Hope Place from a variety of places. Some hear about us in prison, jail, drug court, or the Federal Dream Program. Hope Place works closely with the judicial system and other providers to bring women into Hope Place and to serve them well.

Oaks Recovery Program

FOUNDATIONS

After arriving at Hope Place, individuals participate in a series of assessments to determine how our staff can best support them. Then they are invited to take steps towards fulfilling other formal recovery program requirements.

INTERNAL HEALING (PHASES 1-2)

The first two phases are designed to walk women through classes, curriculum, and experiences which allow them to accurately identify places of brokenness that are keeping them in bondage, and give them the resources and skills to move towards healing.

EXTERNAL COMMUNITY CONNECTIONS (PHASES 3-4)

These phases are patterned to build on the outcome of the renewal found in the first part of the program with attention given to job development, family reunification, and outside support. The fruit of earlier healing results in greater movement towards community in relationships, the workplace, and service.

Children

Hope Place cares about our children. We offer counseling for youth up to 18 years old, an after school tutoring program, Bible study, Day Camp in the summer, as well as Kids Choir.

Graduate Options

LINK PROGRAM & AFTERCARE

We are committed to mentoring individuals after they graduate from Hope Place. All graduates benefit from continued staff support, holiday baskets, and alumni

events. Oaks Program graduates are also eligible to apply to the LINK program while enrolled in school or employment. Here graduates receive additional case management support as they utilize their recovery tools in their new season of life.

GRADUATE INTERNSHIP PROGRAM

Hope Place offers a yearlong internship upon graduating from the Oaks program. This internship program is focused on gaining job skills by interning within a department at the Mission and becoming a strong follower of Christ through ministry opportunities and classes.

CAREER EDUCATION PROGRAM

Hope Place offers the opportunity for Oaks graduates to further their education after graduating from the Oaks program. Through the Career Education Program, women can work on attaining their GED, or start their college education at a local university.

Women and Children's Ministries Oaks Recovery Program



FOUNDATIONS

- Work Therapy
- Daily Devotions
- 1x1 Case Management
- Chemical Dependency Assessment
- Mental Health Assessment
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- CD Support
- Patterns of Abuse
- Boundaries
- Candidacy Parenting
- Community Life Skills
- DBT
- Frameworks (Faith Study)
- Foundations Basics
- Health & Fitness Class

PHASE I

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- Genesis
- ALPHA
- Career & Calling 1
- Pattern Changing 1
- Celebrate Recovery
- Health & Fitness Class
- Safe People

PHASE II

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Church Weekly

CORE Classes:

- Genesis
- ALPHA
- Safe People
- Relationship Addiction
- Celebrate Recovery
- Pattern Changing 2
- Career & Calling 2
- Health & Fitness Class

PHASE III

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Internship
- Future Planning
- Job/School Applications

CORE Classes:

- Genesis
- Career & Calling 3
- Faith & Finances
- Celebrate Recovery
- Life Compass
- Faith Study
- Health & Fitness Class

PHASE IV

- Work Therapy
- Daily Devotions
- Counseling
- 1x1 Case Management
- Outside Support 2x (NA, AA., or CR)
- Internship
- Secure Housing
- Aftercare Plan w/Case Manager
- Enroll in School/Tech Training
- Secure Employment/Income

CORE Classes:

- Faith & Finances
- Celebrate Recovery
- Real World Faith
- Health & Fitness Class

LINK PROGRAMS

Single Women (West Seattle)

Women with Children (West Seattle)

- Job Search
- Schooling
- Vocational Training
- Counseling
- Housing Search

GRADUATE INTERNSHIP

- Mission Internship
- 4 Quarters of College Level Biblical Studies
- Leadership Training

Additional classes available for all individuals: Bible Studies, Parenting Support, DV Support, Alumni Support, Smoking Cessation, CD support, and Community Life Skills, along with EDUCATION CENTER: GED Prep, CPU Skills, College/Career Prep, Resumes, etc. Other Curriculum offered for all women at Hope Place: Mixed Fit, Art Class, and Journaling.