TEAM MISSION

Fight addiction and homelessness through running and cycling with TEAM MISSION.

We’re building and renewing healthy lifestyles — body, mind and soul — through community. We can’t do this alone!

Support Team Mission by becoming a fundraiser! We’ve made it easy and fun to raise support to fight addiction and homelessness. Together we can change lives.

“I don’t know what my sobriety would look like if I weren’t running ... I love Team Mission.”

- LAURA FEET, MISSION GRADUATE
Regular Training — Year Round
Join us every Saturday for race training. Our morning community trainings are phased so you can build up distance in preparation for longer races.

Half Or Full Marathons — June
Team Mission participants have run in local half and full marathons, including Seattle Rock ‘n’ Roll and Seattle Marathon, among others. You’ll be amazed how far you can go on a team.

Cycle Seattle to Portland — July
STP is a 206-mile iconic bicycle ride with 8k participants. Join Team Mission and ride to support addiction recovery. STP’s mission is to improve lives through bicycling.

Ragnar Trail — August
Escape the city for an unforgettable running weekend. Teams of 8 runners will conquer the trail relay style at Crystal Mountain for two days. You will have epic views, make great friends and help raise money for addiction recovery.

Other Team Mission Events
March – Run to End Homelessness
August – The Enforcer 5k with Kam Chancellor
November – Green Lake Gobble

Volunteer Opportunities
Together, we can go farther! Our emphasis is on team and community, so if you’ve never run before or you can’t imagine a day without a run, we’d love for you to join our team.

To learn more visit us at ugm.org/teammission