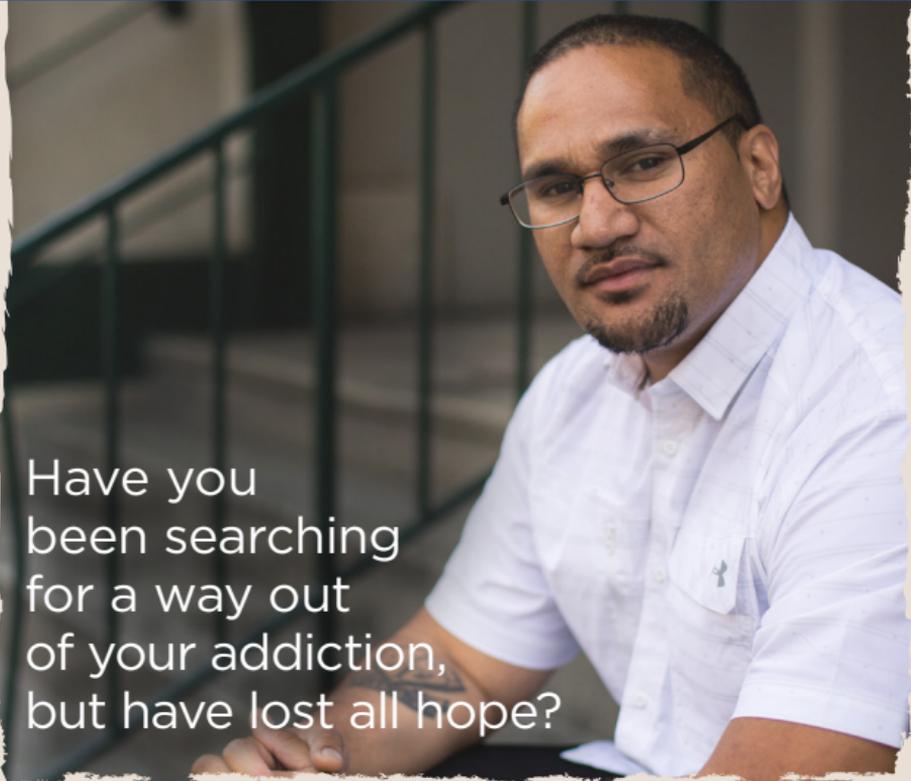


# BRIDGE

## RECOVERY PROGRAM



Have you  
been searching  
for a way out  
of your addiction,  
but have lost all hope?

*The Bridge is a 30-90 day benchmark-driven addiction recovery program designed to help men finally defeat substance abuse. Focused on loving Jesus, we empower men through worship and education. Our aim is simple: to learn how to love God, people, and ourselves once again.*

**We will help you gain the  
knowledge and spiritual insight  
to walk addiction free!**

- Up to 40 hours weekly work therapy
- Daily Bible study
- Weekly 1 on 1 case management
- Daily community meeting
- Weekly small groups
- Weekly AA meeting
- Weekly church attendance
- Daily evening devotion



## What can you expect?

Our men have the privilege of life-changing classes, counseling, legal advice, dental services, processing groups, and more! You will learn transformative life skills, Bible basics, and relapse prevention. In addition, each man will be given a case manager to walk with them.

## Am I allowed to work?

Our focus is to experience healing. It took many hours and days to become addicted, so we want all of our men fully devoted to begin the healing to break through their addictions. Because of this expectation, men cannot both work and join the program.

## What help do I get after the program?

We're committed to walking with you long-term. When you graduate, we'll continue to be a relational support as you transition back into society, or decide to continue healing through our one year Men's Recovery Program at Riverton Place. There, we have staff who will help you find employment and housing that supports your decision to walk a sober life.

## How do I get in?

We're available Monday and Tuesday at 9:30am, and Thursday at 2:00pm for intakes. Call ahead to reserve a time, or come in to the Men's Shelter and ask for an intake interview. You'll have the opportunity to ask any additional questions that you or your family may have. Upon successful completion of the intake, if there is a bed open, our intake case manager will extend an offer for you to join the program as a candidate.

**To learn more, get in touch with Charles:  
calford@ugm.org or (206) 432-8472**

### Men's Shelter

318 2nd Ave. Ext. S, Seattle, WA 98104



[ugm.org/mensrecovery](http://ugm.org/mensrecovery)