



# Senior Ministries

## Senior Ministries Quarterly Bible Studies

### A Book Study in Proverbs

Tuesdays: 9:30am Bus pick up at Cedar River Terrace for Houser Bible study  
10:00am- 11:00am at Houser Terrace in Renton

Wednesdays: 9:00am- 10:00am at Council House on Capitol Hill.  
10:00am- 11:00am at Holly Senior Center in South Seattle

Call Senior Ministries at 206.322.6801 for more information or regarding a Bible study in your area.



1808 - 18th Avenue  
Seattle, WA 98122

NON-PROFIT ORG.  
U.S. POSTAGE  
PAID  
SEATTLE, WA.  
PERMIT NO. 543

ADDRESS SERVICE REQUESTED

Calling all Community Partners! Senior Ministries is looking to expand its 3- C Partnerships. We're looking for Churches, Civic, and Corporate groups to get in on the opportunity to help low income seniors. Be part of our growing city team:

Trinity Baptist Church Mars Hill Church Seattle's Senior Services Seattle's Parks and Recreation's Lifelong Activities Catholic Community Services Seattle University Seattle Pacific University Alaska House Cedar River Terrace Council House Esperanza Houser Terrace Southeast Holly Senior Center Burien Skilled Nursing and Rehabilitation... and more.

## Calendar of Events

**Thurs. June 24th**  
**Chuckanut Drive**  
Extraordinary scenes through the Skagit Valley open to the exclusive meeting point of the Cascades with the Puget Sound. Breath taking! And we'll have lunch fit for a king at the Mount Vernon Royal Fork.

**Thurs. July 1st**  
**Fourth of July Bar-B-Q**  
"FREEDOM!" Uncle Sam wants you—to celebrate the sweet land of liberty. We'll supply the hot dogs and hamburgers. Bring your appetite and your favorite dish or dessert. We'll wave the flag and sing "I'm a Yankee Doodle Dandy." God bless America!

**Thurs. July 8th**  
**Washington State History Museum /Tacoma**  
Intriguing, insightful, incredible and voted The Best Museum in Tacoma. Then, after lunch, we'll explore the Almond Roca Factory. Can anyone say "Free samples?"

**Thurs. July 29th**  
**Snoqualmie Ice Cream Factory**  
In beautiful downtown Maltby there is produced an ice cream so delightful, so yummy, so richly delicious that all other ice cream is blah. After your tastes buds are dancing happy we'll visit nearby Flower World and give your eyes a pizzazz experience.

**Thurs. August 26th**  
**Evergreen State Fair in Monroe**  
From the top of the Ferris wheel you can see it all, log rolling and tree carving contests, barns, blue ribbon produce, farm fresh animals, crafts, tractors, rides, gadgets, games galore, and food. Or you could walk around and see it that way too.

**NOTE TO PARTICIPANTS:** Sign up for activities by calling Justin in Senior Ministries 206.322.6801.

**Free Hair Cuts with Donnie**  
Fantastic hair style doesn't just happen. It is the result of years of training, practiced skill, and talent that has that artistic something- something. Donnie not only has it all, he's sharing it. Please call to get an appointment for your own fantastic style experience, the last Monday of the month in May, June, and July.



## Mary Bennett Memorial Movie Lending Library

As many of you know our dear friend Mary Bennett passed away. One of her last requests was that we put her deluxe movie collection to use. So with over five hundred movies to select from we are starting a lending library. If you are signed up for our newsletter you qualify to check out movies.

### Funny Cake



A young and nervous bride planning her wedding was increasingly terrified about her upcoming marriage.

To calm her nerves, she decided to have a Bible verse which had always brought her comfort (1

FIRST John 4:18, “There is no fear in love; for perfect love casts out fear”) engraved on her wedding cake. So she called the caterer and all arrangements were made.

About a week before the wedding, she received a call from the catering company. “Is this really the verse you want on your cake?” they asked. Yes, she confirmed, it was the one she wanted, and after a few more questions they said they would decorate the cake as requested.

The wedding day came, and everything was beautiful...until the reception, when the bride walked in to find the cake emblazoned with John 4:18: “For you have had five husbands, and the one whom you now have is not your husband.”



## The Road Not Taken

By Robert Frost

Two roads diverged in a yellow wood,  
And sorry I could not travel both  
And be one traveler, long I stood  
And looked down one as far as I could  
To where it bent in the undergrowth;

Then took the other, as just as fair,  
And having perhaps the better claim,  
Because it was grassy and wanted wear;  
Though as for that the passing there  
Had worn them really about the same,

And both that morning equally lay  
In leaves no step had trodden black.  
Oh, I kept the first for another day!  
Yet knowing how way leads on to way,  
I doubted if I should ever come back.

I shall be telling this with a sigh  
Somewhere ages and ages hence:  
Two roads diverged in a wood, and I—  
I took the one less traveled by,  
And that has made all the difference.

## Spiritual Growth: Beginning the Path of Wisdom

By Roger Howell

What paths in life have you taken? Did you have godly parents to follow? Or were you pretty much on your own? Were you a student, or in the military? Perhaps married, raising children, working, or single, maybe a traveler? Probably it was a mix of that and a whole lot more.

Looking back on the paths we have taken, we can all say like Robert Frost, “that has made all the difference.” Unfortunately that difference does not mean we always made the best choice. Coming to a fork in the road and making the right choice is the challenge.

How do you know which way to go? And if you’ve taken the wrong path can you switch to the right one?

Frost says, “Long I stood and looked down one [path] as far I could to where it bent in the undergrowth...” That’s a nice poetic way of saying; I tried to figure it out on my own. Then years after his choice was made he says, “I shall be telling this with a sigh.” Can we all breathe out a Robert Frost sigh and say, “Dead end?”

Sooner or later there is going to be a fork in the road that we cannot figure



out on our own. Solomon in the wisdom of “Proverbs” offers another approach. He posts a proverbial sign right smack- dab at the fork in the road pointing which way to choose:

“The fear of the Lord is the beginning of wisdom.”

“The fear of the Lord” means that we are most concerned about what God thinks. When that is the posture of our hearts we begin to move toward the path of wisdom—the right choice. We may not even know or understand the right way, but He will guide us if we will concern ourselves with Him. Best of all if you’ve already taken a wrong path all you need to do is make the turn to “fear the Lord.” Then it’s surprising how quickly we find ourselves on the path of wisdom.